East Hills 4-H

December Newsletter 2018



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Archery Project

I am this article to tell you about the archery project I picked archery because its fun, easy and its outside. Mr. Lee helps with the project. He is very helpful and nice. In the last meeting we learned how to shoot the bow and the stance we need to easily aim. My favorite part was shooting the target.

Felicity's Revolutionary War Tea Party

Felicity Merriman is a doll from Williamsburg during the revolutionary war period. We had a tea party and we dressed up like Felicity's period from 1774.

We made crafts like embroidery samplers and lanterns out of tin cans that we punched with a nail and hammer. We had English tea cookies, cinnamon rose and chocolate tea. We also had cheese and crackers and Leah made a colonial recipe bread. Isabella and Finnian brought the samplers. We also made a fancy colonial fruit pyramid that kept falling over. Nicola made delicious cucumber and cream cheese sandwiches.

My mother and I made a fancy dessert called flummery made our of sugar and fruit pectin. We put a sterling silver Samantha game piece in one of the flummery dishes. Whoever got the game piece got an American girl book prize.

I really liked seeing that all the kids really seemed to like it. It was so fun getting ready for the class.

Kindness Project

The idea of the Kindness Project is to be kind to other people. We will be doing things for other people, like services. At the first Kindness Project meeting, we painted rocks at Lincoln Park in Alameda. We painted the rocks using acrylic paints and we used all kinds of brushes. We wrote nice messages and painted creative pictures. After we were done painting rocks, we hid the rocks for people to find, sort of like hidden treasure. Some of us hid the rocks in the park and some of us took them to hide in other places. I like this project because the activities are fun and we are helping other people!

Knots & Codes Project

At Knots & Codes we did some more Morse coding. The code was created by a man named Samuel Morse in order to send secret messages. It was really fun because we played a game where we were separated into two teams, each team chose a word, and we tapped it out on the table until the other team figured it out. We weren't allowed to do it more than once, so it was harder for the team guessing. After this game, we chose another word and used a flash light communicate the Morse code. We also drew pictures with a Morse code drawn into them. We put these pictures into a bag and each randomly chose someone else's picture. We had to figure out what the code was in their picture. I learned that Morse code is fun to use, but it is really hard to crack the codes!